

Vegetarian Sweet and Sour Double Happiness

Serves 4

Sauce Ingredients:	Amounts:
Rice Vinegar	¾ Cup
Salt	¼ Teaspoon
Tomato Sauce (Catsup)	6 Tablespoon
Dark Soy (gluten free, Kikkoman Bran)	1 Tablespoon
White Sugar	¾ Cup
Cornstarch	1 Tablespoon

Filling:

Double Happiness	160 grams
Pineapple (fresh square cut ½)	70grams
Cherry Tomatoes (fresh cut in half)	70 grams
Green Peppers(julienne 2")	70 grams
Safflower oil	

For the Rice:

Fragrant Jasmine Rice (Raw)	250grams
Red Thai Rice (Raw)	50grams
Black Thai Rice (Raw)	35grams
Water	850grams

Method:

for the sauce

- 1. Combine all sauce ingredients and whisk well. Heat on med-high heat for one minute or until sauce starts to simmer.
- 2. Turn off heat and reserve until ready.



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For the filling

- 1. Heat oil in pan to high temperature. Saute pineapple first until lightly colored then add peppers, double happiness and lastly tomatoes. Add lightly salt and pepper to taste.
- 2. Reserve until ready to serve.

For the rice:

- 1. Mix all rice together and rinse twice with cold water.
- 2. Place rice in rice cooker and ad fresh water and cook.
- 3. When the rice is finished, let stand 10 minutes to dry out.

To assemble the dish.

- 1. Place rice down first.
- 2. Add filling to sauce and top over rice.

Enjoy!!



