

# King's Vegetarian Food Mfg. Co. Ltd.

## VEGETARIAN SPECIALTY FOOD

### Vegan Simulated Charcuterie Platter Recipe and Nutrition

<b>Yield</b>	650	grams	<b>Prep</b>	30 minutes
<b>Portion</b>	65	grams	<b>Cook</b>	
<b>Num Portions</b>	10		<b>Finish</b>	15 minutes
			<b>Shelf</b>	3 days

#### Ingredients

100	grams	Veg. Bacon Ham -1kg*12pks T 119-L Ham Slice thinly, evenly 9 slices
100	grams	Black Pepper Smoked Ham 350g*40pcs T123 Ham Slice thinly, evenly 9 slices
100	grams	Veg. -burdock Ham 1Kg*12pcs T133-L Ham Slice thinly, evenly 9 slices
100	grams	Confucian Veg (Vegan) 300g x 60pks T143 Sausage Sliced on bias thinly
100	grams	Veggie Salted 380g x 50pks T164 Sausage Sliced on bias thinly
50	grams	Feta cheese cubed .5 inch (soy feta , creamier feta)
60	grams	Canned artichoke bottom, marinated brand
40	grams	Greek olives pitted
20	grams	Red bell pepper julienned thinly
3	grams	Fresh basil julienned thinly

#### Method:

- 1) Arrange all sliced vegan products in cone shape around the platter alternating colours.
- 2) Place artichokes, olives, feta cheese in small bowl in centre.
- 3) Garnish all with julienned basil leaves.
- 4) Garnish centre bowl with julienned red peppers.

Nutrition Facts	
Serving Size	65g
Servings Per Container	10
Amount Per Serving	
<b>Calories</b>	120 Calories From Fat 60
% Daily Value	
<b>Total Fat</b>	7g 10%
Saturated Fat	1.5g 7%
Trans Fat	0g
<b>Cholesterol</b>	5 mg 1%
<b>Sodium</b>	440mg 18%
<b>Total Carbohydrate</b>	6g 2%
Dietary Fiber	1g 3%
Sugars	1g
<b>Protein</b>	9g
Vitamin A	2%
Vitamin C	6%
Calcium	4%
Iron	2%
* Percent Daily Values are based on a 2000 calorie diet.	

#### Nutrient Descriptors

Good Source of Protein  
Low Cholesterol

Condiment bowl ingredients may change as required for suitability to guests.

\*Nutrition Facts table will only reflect current ingredient selection.